

Country Chicken, Pea & Ham Soup (GF) MP7

Description:

Our chefs have come up with a sensational chicken soup, full of fibrous veggies and green split peas to keep your tummy satisfied. This low-calorie soup delivers on flavour using the freshest ingredients and highest quality meat. An all-time favourite lunch-time meal that will keep you energised through busy days. Good source of dietary fibre Good source of protein Contains less than 500mg sodium per serve Low in saturated fat Gluten free Contains 4-12 different vegetables Contains no artificial colours and flavours Heating & Storage Instructions Nutrition **INGREDIENTS:** Chicken (20%), Green Split Peas (8%), Carrot, Onion, Celery, Zucchini, Ham (5%), Parsnip, Leek, Cannellini Beans, Chicken Stock, Olive Oil, Garlic, Thyme, Oregano, Pepper, Gluten Free Soy Sauce. Contains: Soybeans May Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Egg, Milk, Lupin