

Baked Bean & Fetta Bowl (GF) (V) MP3

Description:

A good source of vegetarian protein and a delicious way to incorporate more veggies into your day, our Baked Bean and Fetta bowl ticks all the boxes for a nutritious breakfast. With subtle cannellini beans in a rich tomato sauce flavoured with garlic, paprika and chilli and topped with fetta, you'll never eat the canned version again. Excellent source of dietary fibre Good source of protein Contains less than 500mg sodium per serve Low in saturated fat Gluten free Vegetarian Contains no artificial colours and flavours Heating & Storage Instructions Nutrition INGREDIENTS: Diced Tomato (Tomato, Citric Acid), Cannellini Beans (15%), Fetta (9%) (Pasteurised Milk, Vegetable Oil, Salt, Lactic Cultures, Non-Animal Rennet), Red Capsicum, Tomato Paste (Tomato Paste, Citric Acid), Carrot, Onion, Celery, Spinach, Light Tasty Cheese, Faba Bean Protein, Spring Onion, Olive Oil, Parsley, Garlic, Cumin, Paprika, Corn Starch, Chilli. Contains: MilkMay Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Egg, Soybeans, Tree Nuts, Lupin